



"Staying Strong and Safe at Work"

A Workplace Wellness Workshop

City of Dallas Employees
join us to learn ways
to increase your physical activity and
safety awareness while at work.

Workshop Presenter:

Ruben Rodarte – The Cooper Institute

When: Tuesday, June 27, 2006

Where:

**City Hall (1500 Marilla)
Conference Room 6-ES**

Time: 12:00 to 1:00 PM

**This workshop is a part of the City of Dallas Employee Wellness Program.
For more information and to register, please contact:
Dwayne Clarke, Wellness Coordinator - City of Dallas**

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