

## AWP MONTHLY REMINDER – JANUARY 2007

Alliance Work Partners (AWP) is available to assist you and your family in finding balance in work and life through education, resources, referrals, and counseling. Call us anytime, 24-hours a day. We can help.



### ***A Mentor: More than a Friend***

**Most successful people have had a mentor** at one time or another in their lives to show them the ropes or help them on their path toward success. Adult mentor relationships are not always formally called “mentoring.” You might find your mentor in a boss, a coworker, or a community leader. Children benefit from mentoring relationships formally through organized programs, or informally through teachers, siblings, and peers. For more information about mentoring, call AWP. We can help.

Alliance Work Partners’ Employee Assistance Program is a benefit provided by your company at no cost to you. All services are confidential. Contact AWP 24 hours a day, 7 days a week, 365 days a year at:

**Toll Free: 800-343-3822 • TDD: 800-448-1823**  
**Teen Helpline: 800-334-TEEN (8336) • [www.alliancewp.com](http://www.alliancewp.com)**

## Happenings in January

*January is the month to be aware of, or celebrate, the events listed below. Call AWP or search the Internet for more information about these topics. The sites below will get you started!*

### **National Mentoring Month:**

<http://www.hsph.harvard.edu/chc/wmy2007/index.html>

### **National Blood Donor Month:**

[http://www.aabb.org/Content/Donate\\_Blood/Donate\\_Blood\\_Public\\_Education\\_Initiatives/National\\_Blood\\_Donor\\_Month/](http://www.aabb.org/Content/Donate_Blood/Donate_Blood_Public_Education_Initiatives/National_Blood_Donor_Month/)

### **National Birth Defect Prevention Month:**

[http://www.marchofdimes.com/pnhec/4439\\_1206.asp](http://www.marchofdimes.com/pnhec/4439_1206.asp)

### **National Glaucoma Awareness Month:**

[http://www.preventblindness.org/news/releases/glaucoma\\_2005.html](http://www.preventblindness.org/news/releases/glaucoma_2005.html)



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