



Senior Affairs Commission Report

Monday, August 26, 2019

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CITY SECRETARY
DALLAS, TEXAS

Agenda

1. Call to Order – 12:04pm

2. Roll Call (see attachment)

3. Approval of June 24, 2019 Minutes

Commissioner Cohen proposed the following changes under the *Senior Services Update* section:

- Change the verb tense on bullets seven through nine.
 - On July 11th, a hoarding presentation will be done at the Timberglen Branch Library.
 - Staff will be at WellMed on July 25th providing social services over wills, trusts, probate and elder law.
 - The Seniors Aging in Place Event will be held on August 21st.
- Commissioner Wick made a motion to approve the minutes as corrected. Commissioner Raines seconded. Motion passed unanimously.

4. Dallas Park & Recreation – Senior Program Division Update

- Daryl Quarles, Parks and Recreation Department Manager, presented the 2019 Senior Program Division Update.
- Seniors look to the department for health and wellness, enrichment activities and socialization opportunities.
- Programs offered under the Senior Program Division are known as Active Senior and Adult Programs (ASAP).
- ASAP is offered at 43 recreations centers for participants age 55 and over, Monday through Thursday from 9am to 2pm. Funding through the WellMed grant allows for participants 60 and over to be admitted free of charge.
- There are five focus areas: competition, health and wellness, socialization, special events and special interests.
- Since the induction of senior programs in 2016, there are 10,530 registered individuals.
- Program hours are calculated based on the number of hours offered to seniors on a day-to-day basis. As of July, approximately 38,000 hours have been documented for fiscal year 2018-2019.
- Special Events, which consists of an outreach component, includes Grandparent's Day, Senior Games, Senior Prom and both Mother and Father's Day Luncheons.
- A few of the program partners are the Office of Community Care (OCC), Office of Cultural Affairs (OCA), Dallas County Health and Human Services (DCHHS), and Senior Source.
- The seniors are also offered a nutrition class and given \$10 to \$15 dollars to purchase healthy food items.
- Senior Summer Camp is a six-week program offered to keep seniors active during the summer through exposure to cultural, health and wellness, entertainment and local field trips.
- The department plans to continue working with the Office of Community Care and Senior Affairs Commission.
- They are looking to enhance promotion of the different programs, increase participant access to daily nutrition and improve transportation means for programs and events, amongst a number of other things.

5. District Meeting and Activities SAC Reports (Districts 1-15)

- Recent Meeting and Activity
 - All commissioners in attendance gave a 3-minute report on the activities attended or supported in their district.
- Upcoming Events in the Districts
 - Commissioner Cohen mentioned the upcoming Hunger Summit on September 13, 2019 at Fair Park.

6. Senior Services Update

Senior Services Manager, Ana Camacho, reported on the past and upcoming outreach activities for staff.

- Introduction of new employee
 - Mr. James Ramirez has a Master's Degree in Counseling. His work with the City of Dallas will mainly be comprised of working with the bilingual population.
- Outreach Activities

- In June, staff worked with Parks and Rec at WellMed to provide social services and education programming.
- Ms. Camacho thanked Commissioner Baker for going to the Juneteenth Celebration, on behalf of staff, and providing information about the department.
- The Dallas Police Department Office of Community Affairs and the Office of Community Care partnered with AARP to host the Senior Safety Summit.
- In July, staff conducted a few presentations on SNAP, hoarding and end of life/living wills at WellMed.
- The Seniors Aging in Place Event was held on August 21st.
- Mr. Ramirez held his first bilingual outreach on August 15th.
- The Office of Community Care and Parks and Recreation Department discussed they can better partner with each other.
- Beginning October 1, OCC will be doing listening sessions with Parks and Rec, as well as trying to see social services and community educational programs can be held at the rec centers.
- Age-Friendly Dallas Expo Update
 - The Age-Friendly Dallas Expo will be on Tuesday, September 10th from 10am to 2pm.
 - So far, 23 vendors have been confirmed and staff hopes to confirm 20 more this week.
 - The educational portion will cover general health, financial planning, screenings and a conversation project.
 - On the food prep stage there will be a presentation from Eating Well is a SNAP!
 - Flyers in English and Spanish were sent to all council members.
 - Staff needs volunteers the day of the event for registration, and both stage and food areas.
 - If you know anyone who wants to RSVP, please call the main line at (214) 670-5227, register through EventBrite, or send an email with the requested information.
- Council members are submitting amendments to the budget right now. Proposed amendments will reduce senior programs.
- Chair Fein asked all commissioners to please reach out to their council members to advocate on behalf of the seniors to keep them in the budget and provide funding.
- She also thanked Commissioner Cohen for spearheading and disseminating the information to her.
- Jessica mentioned the round of amendments to be discussed today and how none of the council members are asking for enhancements for the seniors; within the 57 amendments, only 7 involve seniors.

7. Public Comment

- Eddie Morgan spoke about advocating for the budget and affordable housing.
- Johnice Woods, Administrator at the Tyler Street Tower (D1), urged the commissioners to push for the senior dental program and to have them not to delay. The seniors are without teeth and it effects their health.

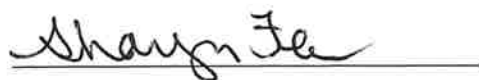
8. Upcoming Events

- **9/23/19** – Senior Affairs Commission Meeting (12:00 pm @ Dallas City Hall/L1FN Auditorium)

9. Adjournment

- Commissioner Raines made a motion to adjourn the meeting. Commissioner Baker seconded.
- The meeting adjourned at 1:56 p.m.

APPROVED BY:



Sharyn Fein, Chair

Senior Affairs Commission



**SENIOR AFFAIRS
COMMISSION**



City of Dallas

**SENIOR AFFAIRS COMMISSION
MINUTES ATTENDANCE SHEET
DALLAS CITY HALL, L1FN AUDITORIUM
THURSDAY, AUGUST 26, 2019
12:00 PM**

Attendance Sheet

Committee Members Present

Sharyn Fein, Chair
Carmen Arana, District 1
Myrtis Evans, District 4
Carl Raines, District 5
Jearldine McDaniel, District 6
Deloris J. King, District 7
Debbie Austin, District 8
Mary Sparks, District 9
Jeri Baker, District 10
Bill Gart, District 11
Marlene Cohen, District 12
Syl Benenson, District 13
Sarah Wick, District 14

Guests Present

Eddie Morgan
Johnice Woods
Susan Williams

Committee Members Absent

Vacant, District 2
Vacant, District 3

Staff Present

Anna Camacho
Myckycle Hart
Jessica Galleshaw
Lupe Rios
Lynn Jenkinson
Zena Palmer
Crystal Ross
Daryl Quarles

